

DISCOVER YOUR ONE WORD FOR 2022

Thanksgiving

Think through the past year. Make a list of the things you thank God for.

Let It Go

Think through the past year.

What hurts, frustrations or pain do you need to work through or give to God?

Prepare Your Heart: Look In

Take a little time to:

1. Unplug from the noise.
2. Ask a few essential questions.

Get away from the noise and distractions of life and create an environment to look inward, quiet your mind and really listen to your heart and God's leading.

Then ask yourself these three questions, and write your insights here:

1. What do I need?
2. What's in my way?
3. What needs to go?

Discover Your Word: Look Up

Now that your heart is ready, it's time to plug in and listen up. Once you've prepared your heart, you are ready to receive your word. God has a word that is meant for you.

Remember, God can use all means to communicate with us, and you never know when, where, and how your word will be revealed to you.

Ask God to reveal your word to you with this simple question: "What do you want to do in me and through me?" Write down what comes to your heart. Listen and be open to the word that God shares.